

## Taking Call for Research in Medical Education and AYUSH

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Dear Sir,

At the outset we should congratulate you and team of International Journal of Research and Education in Health Sciences (IJERHS) for launching the first issue of the journal. Whenever a new journal is launched a question is often asked: Why a new journal?, Do we really need that?. In view of sudden upsurge in number of journals and publications the questions are not totally unjustified.<sup>[1]</sup> While a lot of journals are dedicated to research in health sciences and a lot of others dedicated to the research in education systems, there are few which can bridge the two independent fraternities – health sciences and education. So launching a journal that can put its focus on various aspects of education of health sciences is a not just a welcoming step but also the need of the day. Practises in modern medicines are changing at a rapid pace owing to the pharmaceutical and clinical researches done in it. But experts opine that research in medical education continues to be of insufficient quality.<sup>[2]</sup>

Doctors who bear responsibility of treating human beings must be adequately trained. A lot of efforts are being made in this regards by the apex bodies in medical education such as revision and redistribution of syllabus, alterations in examination patterns. But a lot of changes are needed in this field to inculcate good clinical expertise, research attitude in medical practitioners. Hence continuous efforts are needed for innovating training of doctors. Especially, in view of deranged doctor to patient ratio in country like India, more research is needed to take education standards to height. Popularity of AYUSH systems among people is also growing. Government of India is also taking welcoming steps in promoting AYUSH systems by allocating separate ministry to AYUSH,

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celebrating World Yoga Day. But it is also a fact that though AYUSH systems are being practised since centuries there is little documentation or significant records of practises in *Ayurveda*. It is actually contrary to the fundamental measures for growth of science mentioned in *Ayurveda* itself. *Charaka* has clearly mentioned *Sambhasha* as a method to put forward different views and get those critically reviewed by the experts to draw definite conclusions.<sup>[3]</sup>

Such methods have undoubtedly helped vast progress of *Ayurveda* in past. May be such systems became extinct post colonisation due to changed education system in India. That's why experts in field think that renaissance for AYUSH system is necessary to resuscitate its historical stature and also to add research attitude to it.<sup>[4]</sup>

In current era more number of scientific publications will definitely open doors for *Sambhasha* and will help in progress of AYUSH systems. Recently we see increased awareness about scientific publication in AYUSH health sciences leading to rise in number of publications is welcoming for serving the purpose. It is a good start indeed! We wish IJERHS every success to be a contributor in development of medical education system and AYUSH system of health sciences.

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